

# Herbs for Earth

TENNESSEE

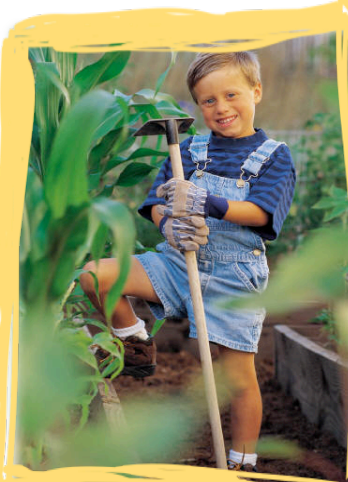
## Herbs for Earth

is a statewide effort for  
Connecting Young Children  
With Nature

Early Childhood programs across Tennessee are committing to naturalizing their outdoor environments by planting herbs during the month of April. Help spread the message that children benefit from experiences with nature and nature ultimately benefits from children's involvement.

## Ideas for Using Herbs

- Plant herbs in containers or in the ground
- Use herbs to add sensory experiences to your playground
- Use herbs in program meals and snacks
- Share herbs with families
- Teach children hands-on science by caring for herbs
- Impact children's healthy eating habits by planting and using herbs



## Here's how you can participate

Take the children outside and plant herbs during one of the following events:

**Week of the Young Child**  
**April 10 – 16, 2011**

**Earth Day**  
**April 22, 2011**

Send your pictures and success stories to [clindsley@tnstate.edu](mailto:clindsley@tnstate.edu).